

如果一位朋友告诉你他遭受了性虐待，
你能如何帮助他呢？

倾听。

相信。

接受他对你的信任。

理解他作为一个男人所承受的压力。

鼓励他接受支持



**living
Well** 

livingwell.org.au provides information and support to men who have experienced sexual abuse, to partners, friends and family.



Anglicare
Southern Queensland